



calendar of events

11–12 September 2010

Mind Body Soul • Chilford Hall, Linton, Cambridge

The Mind Body Soul Exhibitions offer a vast array of therapies and products, from Aromatherapy, to Reiki and Reflexology, Meditation and Yoga. These are just a few of the things you could see and experience at the Exhibition.

W: www.mbsevents.co.uk

19–20 September 2010

Olympia Beauty 2010 • London Olympia

Olympia Beauty is firmly established as the trade beauty exhibition to deliver excellent brands and visitor experience for holistic beauty professionals.

With growth year-on-year, Olympia Beauty already has 195 + brands confirmed, 50 of which are brand new to the market or show. At The Show they will be including vouchers and 500ml glass bottles in presentation Hessian carrier. Other exhibitors of interest include Simply Therapy, Wax in a Bag and Songbird Naturals, who supply Tui Massage Waxes and Balmes. These are a unique blend of Beeswax and natural ingredients that is a semi-solid formula which melts immediately onto the skin and provides a working surface that delivers control and smoothness.

For ticket information and to register online visit:

W: www.olympiabeauty.co.uk

24 September 2010

FHT Conference – Complementary Therapies and the Pregnant Client • The Kings Fund, London

A thought provoking one-day conference held at the historic King's Fund to address the latest research, best practice and issues for midwives and complementary therapists practising or considering practising on pregnant clients.

Registration W: www.fht.org.uk or call T: 0844 875 2022

2–3 October 2010

Mind Body Soul • London Olympia

This year's Mind Body Soul events continue to inspire and motivate people to find new ways to better health and spiritual awareness and with a host of shows planned for this autumn.

W: www.mbsevents.co.uk

23–24 October 2010

Camexpo 2010 • Earl's Court, London

Camexpo is dedicated to meeting the needs of the entire complementary healthcare industry. With over 180 big name exhibitors, plus a choice of CPD accredited Taster Workshops and Keynote Seminars, no other UK show boasts such a comprehensive array of CAM products and services or provides as many networking and training opportunities. It influences, inspires and brings together the whole CAM community like no other event – make sure you're a part of it this 23-24 October, at Earls Court, London.

Book now using registration code: camex323 before 31 August pay just £5! (£18 on the door.)

To register, please call T: 08445 888083 or visit

W: www.camexpo.co.uk

Under new management

The School of Bodywork in Exeter city centre has been re-launched under the new management of Emma Gilmore. Part of Exeter Natural Health Centre, it has been operating since 2001 as a leading training facility for massage and bodywork. In addition, the Natural Health Centre has six therapy rooms offering a wide range of therapies for the local community.

New birth

expectancy Ltd

Expectant Parents' Complementary Therapies Consultancy

Expectancy is the leading provider of professional education on the safety of complementary therapies in pregnancy and childbirth, and 2010 winner of CAM Magazine's "Outstanding Contribution" award.

This year to add to their portfolio they are launching a Certificate in Maternity Complementary Therapies as a career pathway option for complementary therapists, antenatal educators, doulas, maternity support workers and those considering midwifery training. Commencing on 30th September 2010 in London, and accredited by the Federation of Antenatal Educators, this provides a totally flexible study programme.

As an introductory offer there is a special discount for enrolment and fees paid by 31st July 2010. For further information telephone 08452 301 323 or visit www.expectancy.co.uk



Emma Gilmore, 40, first trained in Ireland, then at the London College of Massage, and later deepened her knowledge at Exeter Natural Health Centre under the tutelage of Jon Freeman and Katie Whitehouse. She lives in West Dorset where she has a

highly successful practice, offering Sports and Remedial Massage from Bridport Complementary Medical Centre. Gilmore's enthusiasm for her subject is transferred naturally into teaching, her multi-sensory teaching approach will be focused in a variety of courses, from one-day workshops to a qualifying Diploma Course accredited by the APNT (Association of Physical & Natural Therapists)

"I will be teaching some of the courses myself and I have also hired inspirational and motivational teachers, who all have busy practices in the South West and are able to share their knowledge and enthusiasm with students. My aim is to thoroughly support my students through their time

at the School of Bodywork, reviewing their progress, advising on future career moves and offering clinical experience to all newly qualified therapists. One of the hardest moves to make in this field is from student to practitioner and this is an area where I will provide support in order to make the transition as easy as possible," says Gilmore.

"To build a successful practice and command professional rates, you have to have an excellent training and keep up to date with current developments; this is exactly what we offer here at the School of Bodywork."

For more information on the School of Bodywork, please call Emma Gilmore on 07711 856011 or email info@schoolofbodywork.com



Here Come The Boys

If any of you have taken part in a Race for Life this year in order to raise money and awareness for Cancer Research UK you may have come across the "Nivea Boys" This team of cheerleaders sponsored by Nivea not only shake their pom poms and create a great sense of excitement but they will also offer to massage your legs for you and be in your photos at the end of your ordeal – now that's what I call a treatment – but all in a good cause.

Visit www.raceforlife.org.uk for a peek, they are even on You Tube!

